



CHEERLEADING

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Rules, Regulations, & Guidelines

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CFSA CHEERLEADING RULES, REGULATIONS, & GUIDELINES

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1.0 PURPOSE

CFSA Cheer is an introductory-level division that teaches the fundamentals of cheerleading as a sport with an emphasis on participation, sportsmanship, and physical fitness.

CFSA Cheerleading’s mission is to teach the fundamentals of cheerleading; including jumps, stunts and motions with an emphasis on participation, the principles of good sportsmanship and physical fitness. CFSA Cheerleading will assist the cheerleaders in developing cheering and dancing skills while promoting sportsmanship. CFSA is dedicated to providing a safe, fun and fair environment to encourage positive learning to children throughout the CFISD and surrounding areas. Any questions regarding CFSA Rules and Regulations should be direct to your Division Commissioners.

2.0 GENERAL PROGRAM RULES

Each team is required to have at least one adult leader at all times who is 21 years or older. The Head Coach will be appointed by the CFSA Cheerleading committee. The head coach is responsible for conducting the team in an orderly and sportsman like manner.

Cheerleader safety is our utmost priority in league governance. As such, some rules have been amended to safeguard cheerleaders while still maintaining a high level of skill.

The Cheer Committee is the Governing Body over the Cheer Program, subject to appeals processes made to the Executive Board of CFSA, and have the authority to govern and rule on all elements of the program including, but not limited to, rules interpretation, coach conduct, cheerleader conduct, spectator conduct, rules violations, punishments, Cheer Off, Spirit Pin Awards, etc.

All proposed rule changes must be submitted in writing to the Cheer Commissioner for review and consideration. Legitimate rule revisions will be voted on at the monthly Cheer Committee membership meetings. A 2/3 majority or a quorum of the voting members is required to approve any rule change.

3.0 PLAYER ELIGIBILITY

To be eligible to participate in this program, a child must be at least 5 years old, but not yet 14 years old by 11:59 pm, September 1st of the current season. A birth certificate or other approved document will be required at the time of registration in order to establish proof of age. It is the player’s responsibility to provide age verification prior to September 1st of current season. If a cheerleader does not provide such documentation he/she will not be allowed to participate in games until his/her age has been verified and is on file at the CFSA office.

Eligible cheerleaders must reside within the CFISD, attend a private school within the CFISD or attend a public/private school within a Public School District adjacent/adjoining to CFISD. Private school cheerleaders within CFISD will register at the school they would normally attend if attending CFISD public schools based on their current residence. All non-CFISD registrants are eligible to cheer on teams needing cheerleaders after initial team formation.

No youth that are considered to be in the 9th Grade (public, private or home school) are eligible to cheer in the program regardless of age.

To be eligible, each cheerleader must register to participate within the prescribed registration periods published by the league. Registration can be accomplished either on-line at www.cy-fairsports.org or by participating in walk-in Registration.

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To maintain eligibility, each cheerleader must comply with the code of conduct, anti-bullying policy, and sportsmanship agreement and program rules. Failure to comply with this policy may result in expulsion from the league after repeated abuses and offenses are documented according to the CFSA Incident Policy. These rules must be read and agreed to at the time of registration.

4.0 REGISTRATION AND REFUND PROCESS

On-line Registration will open first weekend in May and close before the end of July for the current season. Specific dates and times are advertised on www.cy-fairsports.org.

Registration Fees will be charged in the following amounts:

FALL 2016 CHEERLEADING		
Grades	Cheer Divisions	Rates
K,1	Flag	\$225
2,3	Freshman	\$225
4	Sophomore	\$225
5	Junior Varsity	\$225
6,7,8	Varsity	\$225

If a registration check is returned insufficient, the CFSA Treasurer will contact the Cheerleading Commissioner. At this time, the Division Commissioner will be informed and will contact with the Squad Leader so that retribution can be made. If payment is not received within two weeks of notification, the insufficient check will be forwarded to a collection agency. If this occurs, the cheerleader will be contacted as they will become ineligible to participate in CFSA functions until such time as the account is cleared.

All registration fees are NON-refundable.

Refunds are available for registration fees (Registration less \$50 Administrative Fee) if and only if a refund request is submitted prior to the close of regular registration of regular season **AND**:

A cheerleader has an injury prior to close of registration that prevents their participation. Injury must be supported by a Doctor's note.

-OR-

A cheerleader moves outside the CFISD school boundaries prior to the close of registration.

Exceptions to this policy are limited to the following reasons and are subject to approval by the Sports Commissioner and CFSA Treasurer:

- A cheerleader submits proof of making their school's team within the same CFSA registered sport.
- CFSA fails to perform the duty of placing the child on a team. This does not include placing the child on a team other than the one desired, not liking the coach, or any other issues other than CFSA not offering the child a spot within the sport for which registration was submitted.

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Cheerleaders who registered during regular registration are not eligible for late registration.

A Late Registration period may be held at the discretion of the Cheer Committee. Late Registration Fees of \$25.00 per registrant will be added to the normal registration fee.

No late registrants will be accepted after the Cheerleading Committee declares the registration process to be completed and team rosters to be final.

5.0 CHEERLEADER AND PARENT/LEGAL GUARDIAN RESPONSIBILITIES AND DUTIES

Each cheerleader and their parent/legal guardian must sign and agree to comply with the Code of Conduct, anti-bullying policy and Sportsmanship Agreement. Failure to sign by either party will result in the cheerleader being ineligible to participate in our league. Failure by cheerleaders or their parents/legal guardians to comply with the rules of our league, the Code of Conduct, anti-bullying policy and the Sportsmanship Agreement may result in suspension or expulsion at the discretion of the Cheer Committee.

Each cheerleader, their legal/guardian and guests shall comply with all relevant Texas State Laws, CFISD policies and rules, CFSA Cheer program rules, Codes of Conduct, and Sportsmanship Agreement terms while in attendance at any CFSA Cheer program event (practice, team events, games, etc.). Failure to comply may result in suspension from participation and repeat offenses may result in expulsion from the program.

Each cheerleader and their parent/legal guardian are responsible for their own actions and may be held accountable, and possibly liable, for acts of violence, taunting, abuse, physical force and any other acts considered to be outside the spirit of youth sports and friendly competition.

6.0 TEAM FORMATION RULES

All cheerleaders must register to play on the team affiliated with their CFISD school attendance zone. Cheerleaders who attend a different CFISD school by CFISD policy may register at the school of actual attendance. This exception must be noted by completing the **Attendance Verification** document at the time of registration and is subject to verification by the CFSA Committee.

Private school cheerleaders within CFISD boundaries must register to cheer on the team affiliated with the school they would normally attend based on their home residence.

All teams will be formed using the registration date/time stamp and cheerleaders will be assigned to their school/team based on a first-come, first-assigned basis using the date/time stamp in the registration system. When necessary, and at the discretion of the Cheer Committee, schools (or portions of school registrants) may be combined to form teams when registration numbers are insufficient to form a school based team based on one attendance zone. When possible cheerleaders should be moved as a group to another single team, however some situations require that the cheerleaders be divided into 2 or more groups. Each group should be in time stamped order with the largest group going to the nearest team. Cheerleaders being assigned to teams outside of their home attendance zone will first be assigned to attendance zones directly adjacent to theirs, next to schools within a 5 mile radius and then to the next closest team needing cheerleaders. Cheer Committee reserves the right to adjust team rosters to allow for the assignment of a Head Coach to a team along with their respective daughter(s) to cheer on their assigned team.

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At the time of registration, Varsity Division cheer registrants are able to “lock-in” their previous team mates and therefore forming a squad if all requirements within this section are met. Varsity Division cheer registrants cannot lock in a specific coach and/or mascot.

In the event that a school has the required numbers to assign cheerleaders to multiple teams (full and/or partial) then the rosters will be formed by placing the first 16 registered cheerleaders (by date/time stamp) on the roster for the first team and subsequent teams will be formed using the same method.

All eligible non-CFISD cheerleaders will be placed on an out-of-district roster and then placed on the closest team needing cheerleaders after the initial formation of teams.

Cheerleaders may not move from one team to another. Cheerleaders whose families move after team formation **MUST** remain on the original team to which that cheerleader was assigned.

The Cheer Committee highly recommends that each cheerleader register for and play in their age group, however, a parent may elect to have their daughter play up or down one year. The election must be made at the time of registration by completing the ***Sibling Request*** document and may not be changed after the start of team formation. The Cheer committee will make every effort to accommodate these requests, but such requests may not be possible based on the number of registered participants. If a cheerleader elects to cheer up or down, that cheerleader will forfeit their timestamp and be placed on a team when available.

If a child is held back a grade level or advanced a grade level, they may be placed on a team of their attended grade level. In order to be placed due to advancement/being held back, a current year report card must be presented at the time of registration. Otherwise the cheerleader will be placed based on date of birth.

Team Divisions will be established as follows:

FALL 2016 CHEERLEADING	
Grades	Cheer Divisions
K,1	Flag
2,3	Freshman
4	Sophomore
5	Junior Varsity
6,7,8	Varsity

A team must have a minimum of 6 cheerleaders and no more than 16 cheerleaders. In the event that there are 17 girls from the same school and same division the cheer committee will allow the 17 one to stay with CFSA board approval. No team will have fewer than the minimum number of cheerleaders by the end of team formation based on cheerleaders who participated in the regular registration period.

The Division Commissioner will notify late registration cheerleaders of their team assignment. Any cheerleader registering after team formation but before final closing of rosters, will be place based on team availability.

A period of late registration will be established after the close of regular registration and extend for up to one week at the discretion of the Cheer Commissioner. This is the only means of registering after the close of regular registration. Cheerleaders will be allocated to teams needing cheerleaders.

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7.0 HEAD COACH SELECTION, RESPONSIBILITIES AND DUTIES

Head Coaches for each squad are appointed by the Cheer Commissioner and approved by the Cheer Committee Executive Board immediately following squad formation.

Every Head Coach candidate must submit an application to serve as a Head Coach.

Where two or more qualified candidates exist, the Cheer Commissioner may, in the best interest of the program, allow a Head Coach to coach another school’s team and transfer their child to that school.

All Head Coaching appointments are subject the successful completion of a criminal background check. At the discretion of the Cheer Committee, an individual with a criminal record may be permitted to coach in our league. However, any individual having a criminal record must also have CFSA Executive Board approval prior to being allowed Head Coaching responsibilities in our cheer program.

Any Head Coach Candidate unwilling to submit to a criminal background check or the requirements set forth by the Cheer Committee will not be allowed to coach.

The Head Coach is responsible for ensuring that they, their assistant coaches, their cheerleaders and their cheerleader supporters comply with all the program rules and they conduct themselves in a way that reflects the purpose, objectives and goals of the CFSA Cheer Program.

Verified Head Coaches should select qualified Assistant Coaches who have the necessary experiences and skills to teach the fundamentals of cheer and who possess the character and patience necessary to work with young athletes. Head Coaches should consult with their Division Commissioner when they are made aware of concerns regarding a coaching candidate for their team. Head Coaches will be allowed, at the time of registration, to elect one Assistant Coach and one Team Mom. This selection will secure the cheerleading registrant (if applicable) for each titled selection a spot of the Head Coaches squad. No more than four cheerleaders can be secured to a team.

The Head Coach is responsible for knowing and understanding the sport of cheerleading and the rules that govern our league.

The Head Coach is responsible for all operations of the team. Such responsibilities may include, but are not limited to: establishing practice dates and times; organizing practice events; parent communications; cheer team interactions and communications; and sideline management.

Each Head Coach is responsible for attending the Mandatory Coaches Meeting in its entirety at the beginning of the season, as well as the mid-season Coaches Meeting. At the discretion of the Division Commissioner, the Head Coach may assign an Assistant Coach to attend if a conflict occurs. If a squad is not represented at the mid-season coaches meeting that squad shall be disqualified from participating in the annual CFSA Cheer-off competition, unless other disciplinary actions are agreed to by the Executive Board of Cheer.

It is the duty of each Head Coach to always put the safety of each cheerleader at the top of her priorities; to teach cheer fundamentals and skills; to strive for growth and progress more than just winning; to teach discipline and commitment to team; and, to recognize and reward successes no matter how small.

The Head Coach sets the ‘tone’ for the team. Our program expects great things from our Head Coaches and will hold them accountable for incidents, situations, behaviors and any other form of incident that is not appropriate in youth cheerleading.

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The Head Coach is responsible for obtaining and submitting a mandatory **\$300.00** team sponsorship by the date established by the Cheer Committee. The penalty for missing this deadline is listed in Appendix A.

8.0 PRACTICE

Practice will be conducted as follows:

- The safety and welfare of each cheerleader is to be maintained at all times.
- Practice sessions may not exceed 2 hours in duration from actual starting time.
- No teams or cheerleaders may practice before the start date established by the Cheer Committee.
- Before the week in which school starts, teams may have four activities a week. A week begins at 12:01 AM (Midnight) Monday Morning.
- Starting the week school starts, each team may participate in no more than three (3) activities per week, which includes practice sessions and games. If for scheduling purposes, a squad is scheduled to play 3 games in a seven-day period, they may have one additional practice. This additional practice must be approved by the cheer commissioner prior to the extra practice taking place.
- Any organized drills, warm-ups, or other physical activities which begin prior to 60 minutes before a scheduled game time are considered a practice session.
- Practices canceled due to bad weather or any other reason can only be made up during the week they were canceled. Any practice session conducted for more than 45 minutes is considered a full practice and cannot be made up.
- Teams are allowed one spirit night before games start that are not counted towards the teams events for the week.
- The week of Cheer off teams are allowed one extra practice in preparation for cheer off.

9.0 PARTICIPATION RULES

Cheerleading is a team sport which requires a team commitment. Your Squad depends on you as a part of their team! ABSENCES CAN BE THE DOWNFALL OF A GREAT CHEERLEADING SQUAD. If one or more squad members are absent from practice or game, the other members are forced to make last minute changes, or cancel performances. This can be both stressful and dangerous to squad members.

A cheerleader who misses more than three practices before the first game will not cheer for the first game.

If a cheerleader misses a game/practice due to illness, being out of town, or just not able to make it, it is the parent's responsibility to call the Coach BEFORE the missed game/practice to let her know of the intended absence.

10.0 CFSA CHEER RULES

SPECTATORS

At all times during a game, all spectators and cheerleader supporters **MUST** remain behind the first row of bleacher seats for the length of the football field. Attendees at our games are **NOT** permitted to stand on or walk up and down the sidelines of the field in front of the first row of the bleacher seats. Spectators are required to stay in-between the 20 yard lines at all times during play. Game Officials shall give one warning per game. After the initial warning, the Game Officials may stop play until the violators move away from the sidelines and are within the prescribed area noted above. At the discretion of the Official, the game clock shall run until order is restored on the sideline.

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TEAM SIDELINES

Only three coaches (Head Coach and 2 Assistant Coaches) and cheerleaders in uniform will be permitted in the team areas and on the team sideline of the field during a game.

Head Coaches are responsible for maintaining order on their sidelines at all times. All team members and coaches are required to remain in-between the 10 and 30 yard lines, on the bleachers side of the field, and on the same end as their respective team. The goal is for the team to be centered on the 20. For younger divisions playing on a half field, squads should remain in-between the 20-30 yard lines and the 30-40 yard lines. The Home team is closest to the scoreboard. The squad must give the chain gang ample room to work the sidelines. It is encouraged for the head coaches from each squad for applicable divisions to discuss set up before each game.

Only registered CFSA cheerleaders will be allowed on the sidelines. Siblings or children that are not registered with CFSA are not permitted on the sidelines at any time; they are to remain in the stands with an adult. Coaches should stay seated on the sidelines, except during half-time activities at which time they may escort their squad on the field. A team may receive a major penalty for not maintaining order on their sidelines and enforcing the sideline rules as prescribed herein.

UNIFORMS

All players MUST wear a CFSA league issued uniform. Uniforms may not be altered except to include cheerleader’s name, bling or to improve uniform fit. Uniforms should be neat, cleaned, and pressed for all games. Uniform consists of CFSA provided skirt, shell, and briefs. Uniform accessories that must match but are not provided by CFSA are socks, white tennis shoes, turtle necks/tights (during cold weather), and bow if squad chooses to have one. Anyone out of uniform will not perform at games. Matching of uniforms does not mean by brand, it means by style and color. Jewelry is not allowed be worn during practices and games, with the exception of studded earrings.

Please inform your parent’s that the cheerleaders **are not** allowed to wear their uniform to school unless approved by school Principal.

STUNTS –See Stunts allowed for each division in Appendix B.

Any coach that allows an illegal stunt to be performed during halftime, practice, or Cheer-off will be suspended from coaching for 1 week, including a game. The coach may resume coaching duties after the illegal stunt has been removed from the routine. If a squad continues to perform the illegal stunt, the Head Coach will be removed and ineligible to coach in following season of CFSA in Cheerleading and or other sports. Only coaches who attended, or who had a team representative at the CFSA cheer clinics may use the “new” stunts. NO EXECPTION. In order to be eligible to perform and coach the required or new stunts, the coach must attend a clinic, taught by a professional approved by the Cheer Committee. There may be an additional fee for this “make-up” coaching session.

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HALF-TIME ROUTINES

Half-time performances are limited to those performed by registered CFSA cheerleaders.

The following guidelines will be used for half-time routines:

- Routines will be no longer than 3 minutes in length, including the time it takes the squad to enter and leave the field.
- Half-routines may consist of a group cheer, chant, or dance using pom-poms or props.
- Visitors will perform first at each game, or as instructed by CFSA Officials.
- The squad that is not performing should sit on the sidelines and watch the performing team.
- Each squad should be kind and courteous of the other squad at all times.
- Tasteful music is required, no profanity or sexual innuendos.

APPROACHING AN OFFICIAL

All coaches, assistant coaches, cheerleaders and cheerleader supporters are not allowed to approach, harass or verbally confront any game official at any time prior to, during or after a game). If an official is approached at any time during, before or after a game, that person may be banned from attending future CFSA games and activities. Further explanation may be found in Appendix A.

REPORTING INJURIES

Should a cheerleader sustain an injury that requires an ambulance or emergency room treatment, the Head Coach will report the incident to their Division Commissioner immediately following the game/practice. The report should include a description of the injury, the events leading to the injury, individual cheerleader’s name, hospital where cheerleader was treated. The Division Commissioner shall report each injury to the Cheer Commissioner and the Executive Board.

RUN THROUGH BANNERS

Run through banners are prohibited. All posters, signs, pom-poms, and all trash must be picked up after each game. We are using CFISD property and are expected to keep all areas clean.

ARTIFICIAL NOISE MAKERS & SOUND SYSTEMS

All artificial noise makers are prohibited from use in the stands. These noise makers include but are not limited to whistles, air horns, shakers (cans or bottles filled with rice, corn or gravel), cow bells or thunder sticks. Use of such devices can result in the removal of the individual from the event by the officials or committee member. CFSA Cheerleading squad participants may use shakers. No music should be played once the offensive team breaks their huddle or in the case of a no huddle offensive once the QB assumes a position to receive the snap. All sounds systems must be kept at a 3 row noise level unless during the halftime routine.

UNSPORTSMANLIKE BEHAVIOR

All head Coaches, assistants, and cheerleaders will conduct themselves in a sportsmanlike manner before, during, and after the game. This also includes half-time performances and practice sessions. Foul language, distasteful cheers, and poor sportsmanship will not be allowed. Derogatory cheers towards the opposing team or cheerleaders will not be allowed. This goes for parents, coaches and cheerleaders.

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11.0 REGULAR SEASON

The regular season shall consist of 10 scheduled games. All games will be played at CFISD Middle School or CFSA football fields as directed/assigned by the CFISD Facilities Management personnel and the Football Committee. CFISD Grounds and Facility Management personnel hold ultimate authority on game cancellation and facility usage on CFISD fields.

All games will be played at the time and dates scheduled by the CFSA VP of Scheduling or his/her designee.

Weeknight games are generally scheduled to beginning at 6:00 pm and 8:00 pm for tackle divisions and 6:00 pm and 7:30 pm for flag. Weekend games are generally scheduled at 9:00 am, 11:00 am and 1:00 pm. All times are Central Time Zone.

Games may be postponed or cancelled at the discretion of the Cheer Committee. CFISD Facilities Management and Grounds Departments have ultimate authority in field closure decisions. Games stopped due to inclement weather may be rescheduled and will resume at the point at which it was stopped. **EXCEPTION:** If the game is in the second half and the losing football coach concedes, the game is official and final at the stopping point. If the game is rescheduled for any reason, the Head Coaches for each team shall be given at least a 48 hour notice.

12.0 CHEER OFF

All Head Coaches are required to attend the mid-season Coaches Meeting to participate in Cheer Off. At the discretion of the Division Commissioner, the Head Coach may assign an Assistant Coach to attend if a conflict occurs.

Participation in Cheer Off is optional; however each squad is encouraged to attend. Squads have the option of participating in the dance and/or cheer. All squads must register online to declare to the CFSA Cheer off Commissioner or their CFSA Division Commissioner no later than the date set forth by the Cheer Off Commissioner specifying their desire to participate in the cheer, dance or both activities.

Cheer off Outline and Rules will be reviewed in detail at the mid-season’s coaches meeting.

13.0 SPIRIT PIN AWARDS

The CFSA Cheer Spirit Pin Program is designed to reward cheerleaders for individual achievements and talents. The program is expected to highlight the cheerleaders who exemplify leadership, commitment, attitude, spirit and the ability to learn the fundamentals of cheerleading while motivating and entertaining the fans and football team. All of these characteristics are key components to what it takes to receive a CFSA Spirit Pin. **For more information, please refer to the Spirit Pin Award document.**

14.0 PLAYOFFS

Playoffs for each Division will commence upon completion of the regular season games, on the date(s) and locations to be announced by the Cheer Committee. Squads attending playoffs are based solely upon advancement of their respective football team.

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15.0 LEAGUE ADMINISTRATION

Any complaints by parents or coaches other than game protests addressed above shall be communicated to the Division Commissioner. If the complaint is not addressed to the satisfaction of the complaining party, then he or she may direct the complaint to the Cheer Commissioner. Cheer Committee action on any complaint shall be subject to review by the Executive Board if the issue is raised at the next Executive Board meeting.

APPENDIX A: CONDUCT VIOLATION TABLE

Per Article II Section 3, any exception/modification to the penalties below can only be granted by the Cheer Committee. The Cheer Committee will only consider such exception/modification to the rules below following a request in writing. In addition to the violations listed below, the Cheer Committee may review any violation and vote to increase or decrease the penalty depending on the circumstances involved in the violation. Any squad member or coach ejected from a game is automatically suspended from the next regularly scheduled game unless the Division Commissioner, after consultation with the Committee Chairman, has evidence that would overturn the suspension. Any modification of the rules may be reviewed by the Executive Board following proper notification per the procedure stated in the CFSA general rules. The Executive Board may decide to accept such modification or reject and return to the penalty stated in the table below.

VIOLATION	1 ST OFFENSE	2 ND OFFENSE	3 RD OFFENSE
Knowingly Violating Player Eligibility Rules – each game will be considered one violation	Player Expulsion, Game Forfeiture & 1-Game Head Coach Suspension	Player Expulsion, Playoff Forfeiture & Season Suspension of Head Coach	Same as 2nd Offense
Violating Mandatory Sponsorship	1-Game Head Coach Suspension & Ineligibility to participate in Cheer Off and Playoffs	After agreed deadline, 2-Game Head Coach Suspension & Ineligibility to participate in Cheer Off and Playoffs	After agreed deadline, Season Suspension of Head Coach & Ineligibility to participate in Cheer Off and Playoffs
Illegal Stunts	1-Week Head Coach Suspension	Season Suspension of Head Coach	Season Suspension of Head Coach
Inappropriate Music	Warning to Head Coach by Division Commissioner	1-Game Head Coach Suspension	2-Game Head Coach Suspension
Excessive music level during football play	Warning to Head Coach by Division Commissioner	1-Game Head Coach Suspension	2-Game Head Coach Suspension
Spectators on the Sidelines during the Same Game	Warning to Head Coach by Head Official	Loss of Time-out and 15-yard Penalty to respective Football Team	Official Calls Game and Spectator's Team Forfeits Game
Coaches not staying between their 20 yard lines in the same game	Warning to Violating Coach by Head Official.	Coach must leave stadium	Same as 2 nd Offense
More than 3 coaches on the sideline during a game	Warning to Head Coach	1 5-yard Penalty Assessed	15-yard Penalty & 1-Game Head Coach Suspension
Any player with improperly altered uniform	Player is Ineligible (See Violating Player Eligibility Rules)	Player is Ineligible (See Violating Player Eligibility Rules)	Player is Ineligible (See Violating Player Eligibility Rules)
Any player without a CFSA issued uniform	Player is Ineligible (See Violating Player Eligibility Rules)	Player is Ineligible (See Violating Player Eligibility Rules)	Player is Ineligible (See Violating Player Eligibility Rules)

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VIOLATION	1ST OFFENSE	2ND OFFENSE	3RD OFFENSE
Abusive language by a player	Warning to Player	Removal from Game & 1-Game Suspension of Player	Removal from Game & 2-Game Suspension of Player
Abusive language by a Coach	Warning to Coach	Removal from Game & 1 -Game Suspension of Coach	Removal from Game & 2-Game Suspension of Coach
Abusive language by a spectator	Warning by Head Official	15-yard Penalty & Delay of Game Until Spectator Leaves Stadium	15-yard Penalty & Delay of Game Until Spectator Leaves Stadium
Fighting by a player	Removal from Game & 1-Game Suspension	Removal from Game, appearance before cheer committee & 2-Game Suspension	Removal from Game & Season Suspension
Fighting by a Coach	Removal from Game, appearance before cheer committee & Season Suspension	Removal from Game, appearance before cheer committee & Season Suspension	Removal from Game & Season Suspension
Fighting by a spectator	Call Police and have order reinstated.	Call Police and have order reinstated.	Call Police and have order reinstated
Coach approaching an official after a game (reported by official)	1 -Game Coach Suspension	2-Game Coach Suspension	Suspended for the remainder of season
Coach harassment of an official during the same game	Warning by Official to Violating Coach	15-yard Penalty	15-yard Penalty and Ejection of Violating Coach from Game
Holding practice more than 2 hours	Warning to Head Coach by Division Commissioner	1-Game Head Coach Suspension	2-Game Head Coach Suspension
Having more than 3 activities per week	Warning to Head Coach by Division Commissioner	1-Game Head Coach Suspension	2-Game Head Coach Suspension
Failure to report serious injuries by Head Coach of injured player	Warning to Head Coach by Division Commissioner	\$25 Fine or 1 game suspension	\$50 Fine or 2 game suspension

APPENDIX B: Approved and Required Stunts